

From My Youth
Antiphon of Ascent, Tone 4

Solovki
Set to English by Monk Martin

The musical score consists of eight staves of music for a single voice. The lyrics are provided in English below each staff. The music is in G clef, 2/4 time, and includes various note values such as eighth and sixteenth notes, along with rests and dynamic markings like forte (f) and piano (p). The lyrics are as follows:

From my youth do many pas - sions war _____ a - gainst me, _____

but do Thou Thy - self de - fend and save me O my Sav - ior.

Ye hat - ers of Zi - - on shall be shamed by the Lord, _____

for like grass by the fire shall ye be with - ered.

Glory to the father and to the Son and to the Holy Spi - rit, both now and ever and unto the ages of a - ges. A - men.

In the Ho - ly Spi - rit ev - ery soul is quick - ened

and through cleans - ing is ex - alt - ed and made rad - diant by the Tri - ni - ty

in a hid - den sa - cred man - ner.